



Attleboro Youth Baseball 2026 TBall Spring/Fall Rules & Regulations

TBall Division (Ages 4-5)

The Attleboro Youth Baseball League 4-5 TBall Division is the first step in the AYB Instructional program. Players will learn the basic skills and fundamentals of baseball while participating in games. Coaches should encourage players to work on their fundamentals, show sportsmanship, and ensure every player is having fun.

Eligibility

All players must be registered and paid in full with AYB to be eligible to participate.

TBALL DIVISION TEAM ASSIGNMENTS

1. 4/5U play on a 46/60 field
2. TBall Division will consist of up to twelve (12) players per team and be selected through a selection process run by the TBall Director, and approved by the VP/Executive Board
3. Head Coaches and Assistant Coaches with children playing in the division will have their children assigned to their teams.
4. Reasonable requests will be honored regarding placing certain players on teams.

GENERAL RULES

1. Under normal conditions, games will be played on Saturday mornings. Players are expected to arrive at the field at least 15 minutes before the scheduled start time.
2. Players must wear full uniforms. The Attleboro Youth Baseball League will supply each player with a cap and tee shirt depicting the team name. Both items are the players to keep at the end of the season. All players are required to wear gray baseball pants (pants are the responsibility of the players and will not be provided by the league).
3. Protective cups are strongly recommended for all players.
4. No metal spikes are allowed to be worn by any players, coach, or other on-field personnel.
5. Each player is to provide their own protective batting helmets and bat. AYB does provide extras if needed. AYB strongly recommends that players wear a helmet with a protective facemask or c-flap.
6. Once a game is started, the coaches are in complete control of the game. Local ground rules will apply.
7. NEW game balls to be provided by the home team from those provided to coaches by AYB. If additional balls are needed during the game, previously used game balls may be used. TBall will be using Flex Balls (Level 1 Flexiball LC-1)

IN-SEASON GAME RULES

1. All games are limited to three (3) innings and/or a sixty (60) minute time limit.

2026 TBall Spring/Fall Rules & Regulations

2. Each team will bat three (3) times and play the field three (3) times
3. All players present at each game must bat each inning and play the field each inning.
4. Scheduled games resulting in rainouts and postponements will be rescheduled if possible.
5. No score will be kept during the game.
6. No standings are kept within this division
7. The manager or coach should inform the other team of the last batter within the inning for transition.
8. Teams will hold 1 practice during the week

BATTING/BASERUNNING

1. Only bats (USA) and balls approved by the Attleboro Youth Baseball League may be used. Wood bats are prohibited. The barrel maximum is 2 $\frac{5}{8}$ ". No BBCOR or USSSA bats are permitted in the TBall Division.
2. Batting helmets must be worn by the batter and the on-deck hitter during game & practice. Use of a C-Flag or cage is strongly recommended.
3. Bunting is prohibited
4. No leads and Stealing is prohibited. Runners will advance one base at a time.
5. On an overthrow the runner may not advance to any base and must stay on the current base they are at.
6. Sliding is prohibited
7. Each player will bat once per inning and run through each base per inning.
8. The last hitter with hit a "home run"
9. When batting, one coach should be on the bench getting the players ready to hit, another coach should be at the plate helping the hitter get set. Another coach (if applicable) should be in the field directing the base runners.

DEFENSE

1. Defense will consist of all of the twelve (12) players on the team, spread out to prevent piling.
2. Each player will be positioned on the edge of the infield grass
3. Each team will attempt to throw each batter out
4. No outs will be recorded even if a throw beats the runner
5. Hidden ball tricks are prohibited
6. Coaches should do all they can to prevent players piling on the ball for safety concerns
7. Coaches should rotate player positions each inning.
8. When fielding, multiple coaches should be in the field to keep the players spread out and safe.
9. No player should play catcher.

EQUIPMENT NEEDED

1. Jerseys, hats, helmets, baseballs, bats, and tee's are provided by the league. No jewelry is allowed for safety purposes.
2. All batters, base runners and players on deck, MUST wear a helmet

2026 TBall Spring/Fall Rules & Regulations

3. Players supply their own gloves, baseball pants/belts and soft spikes (No Metal Spikes). Sneakers are allowed at this age.
4. Players may also use their own bats and helmets. If a player would like to use their own bat, it MUST be t-ball approved

COACHES/MANAGERS

1. You **MUST** always set a good example of GOOD SPORTSMANSHIP for all players and spectators.
 2. Injured players **MUST** be attended to immediately.
 3. Coaches are responsible for forwarding all practices, games and events to the players in a timely manner.
 4. At the conclusion of each game, teams will line up and shake hands with each other
 5. Coaches will rake all bases and pitcher's mound after each practice/game. Dugouts will also be cleaned up after each use.
 6. Coaches will return all bases and league equipment to storage location
 7. Remember to keep it simple. Every coach should be more concerned with the players learning how to play the game rather than who wins or loses.
 8. Only Coaches that have a completed background check are allowed on the field/in dugout. No exceptions!
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- ☒ Please refer to the Code of Conduct policy on 'attleboroyouthbaseball.com < rule book < code of conduct policy' for details on Attleboro Recreation Department's policies regarding parent/children behavior and responsibilities while utilizing Attleboro fields and facilities.
 - ☒ No smoking or alcoholic beverages are allowed on any playing field during games or practice.
 - ☒ It is the coach's responsibility to teach, encourage, show sportsmanship and fairness to all involved. The example you set as a coach will be an important one for the players to follow.

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**THE ATTLEBORO YOUTH BASEBALL
LEAGUE THANKS YOU FOR YOUR
CONTINUED EFFORTS AND SUPPORT OF
THE BASEBALL PROGRAM!**